

## **Post-Operative Instructions**

### **LEEP Procedure**

*Sarpy County OB/GYN, P.C.*

A LEEP procedure is an acronym for Loop Electrosurgical Excision Procedure. LEEPs are performed on an outpatient basis, either in the office setting or in an outpatient surgery center. Please refer to the American College of Obstetricians and Gynecologists (ACOG) handout for a detailed description which also covers the risks/benefits at [www.acog.org](http://www.acog.org).

1. It is normal to have a light pink to brownish red discharge initially. This may eventually turn black and should stop in about 7 days.
2. You may resume normal activities as tolerated immediately following the procedure.
3. Tylenol or Ibuprofen (Advil, Motrin) is usually sufficient to relieve any cramping.
4. Resume your medications as ordered.
5. Report any of the following:
  - a. Bright red bleeding from the vagina at anytime
  - b. Fever by thermometer over 101 degrees F within 24-48 hours
  - c. Severe pain or cramping not relieved by Tylenol or Ibuprofen
6. No sex, tampons or douching for 2 weeks.
7. For after hours, call: 898-8500.
8. First post-operative check is usually at 2 weeks.